

Making Inclusion Work

Lynn Clarke, CTRS

Nikki Downey, CTRS

A little bit about Lynn

- Love my family
- Love what I do
- Love sharing what I do
- Love learning about what others do

A little bit about Nikki

- It all started on a snowy day in 1982...
- Loves summer camp!

Learning Objectives

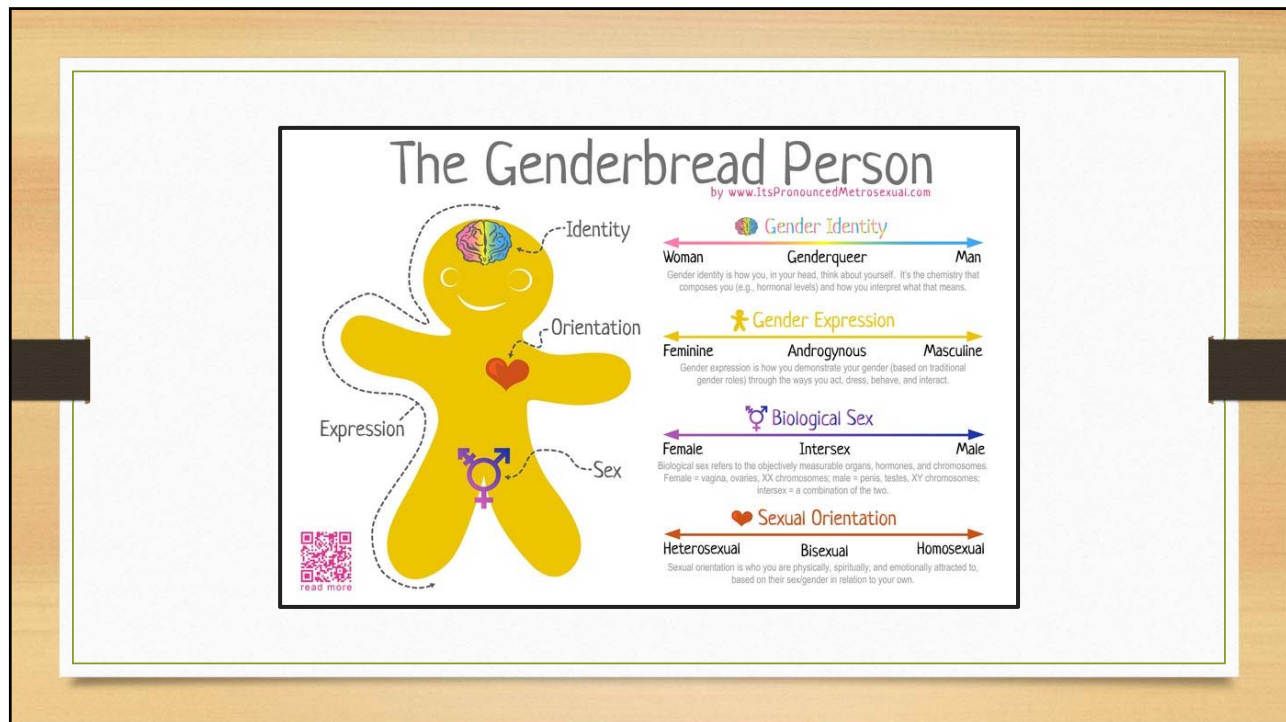
- Learn new activities
- New Techniques for training staff to adapt activities
- Keep camp excitement all summer

How inclusion is budgetary friendly

- If you have the program you have the staff
- Cross training is cheaper than hiring specialized staff
- Possibility for volunteers...easier to keep them/retain them
- Cheaper to hire one extra staff or create a entire new program
 - More supplies
 - More equipment
 - More planning

Who can be included and How?

- Autism, Down Syndrome, Cerebral Palsy, Transgender, physical disabilities, EBD, Mental Illness, etc.
- 1:1 ratios, encouragement, time away from group, music, personal interests
- Just do it...the rest will fall in place. Not going for perfection you are going for progress.



What are the barriers?

- Physical
 - Environmental
 - Individual
- Social
 - Inclusion
 - Adaptive
- Emotional
- Spiritual
- Cognitive
- Acceptance/Awareness/Education
 - -First day of camp/program
- Money – you have it...you just don't know it
- Things aren't always perfect!

When is inclusion appropriate, or not?

- When the campers is more successful in a personalized setting
- When your staff isn't willing to do it
- When you don't have someone that knows what the are doing
- When you don't have all the "right" equipment

When does burnout affect inclusion?

- Do you always need continuity?
- Exciting games and activities
- Staff appreciation
- What do you do?

Kids Included Together

- Great organization that now charges an incredible amount to be a part of their training...however...
- In our experience kids that are included both with and w/out the special need are:
 - More confident
 - Better communicators
 - Have more compassion
 - See the world with less barriers and more opportunities

TR camp and Inclusion Camp activities

- What are typical camp games you play?
- Dance
- Swim
- SPARK
- Kick Ball
- Meet me in the middle
- Hungry hungry Hippo

Where did we get all of this from?

- Gender Boxes- www.keshetonline.org
- SPARK- sparkpe.org
- KIT- kitonline.org

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conclusion

- It's not easy

