



Shining bright for
75
years!
FRPA
FLORIDA RECREATION
& PARK ASSOCIATION

Welcome to the 2017 FRPA Conference!

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KEYS
to Programming
Success

April 28th, 2017

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Learning Objectives

1. Identify programming components necessary to ensure a successful program for individuals with developmental disabilities.
2. Identify most common barriers that interfere with successful programming for individuals with developmental disabilities.
3. Outline a successful program model for individuals with developmental disabilities.



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Speakers

- **Katelin M. Corzo, CTRS, WSI** – Therapeutic Recreation Specialist at the City of Miami, Parks and Recreation, Disabilities Division
- **Nadia N. Arguelles-Goicoechea, Ed.S., C.P.R.P.** – Program Coordinator at the City of Miami, Park and Recreation, Disabilities Divison



Outcome Focused Programming Components that Drive Success

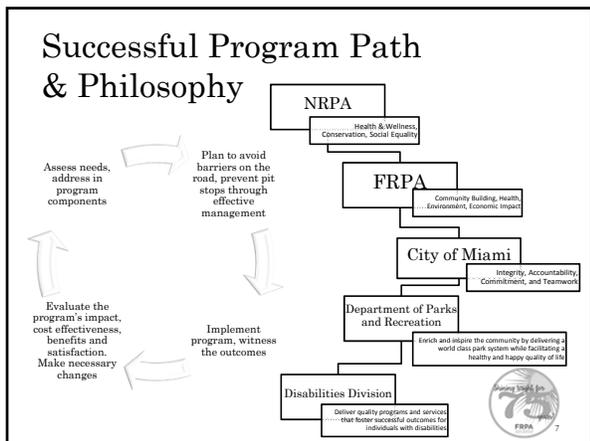
- What does the community NEED?
 - Assess, address, target research & brainstorm
- Identify Purpose, Goals and Objectives
 - Non-negotiables
 - Mission and Vision
- Finances
 - Organization funding
 - Fundraising
 - Grants
- Know your limitations
 - Rules and regulations of your department
 - Target Populations
 - Knowledgeable Staff
- Community connections/network
 - Partnering Organizations
- Quality vs. Quantity
 - Start small – less is more
- Program Flow
 - Pre & post testing



Barriers on the Road

- Transportation and Marketing
 - Is it an available resource? Or can you provide assistance with coordinating?
 - Promotional propaganda
- Participation & Location
 - Understand user types in the area (non, light, medium & high users)
 - Customer service, lines of communication are open
 - Accessibility of facility needs to be compliant with current ADA requirements
 - Risk management plan
- Scheduling
 - Season
 - Needs
 - Calendar
- Trust
 - Establish therapeutic relationships, listen to concerns and offer feasible solutions
- Check engine light 
 - Check your non-negotiables, objectives and goals, philosophy
 - Advocacy and Training can jump start an engine!





G.E.T.F.I.T.

Getting Exercise Through Friendships, Involvement and Training

Recreational program for individuals with developmental disabilities seeking to improve physical fitness while engaging in sports training.

Sample Program Plan

Title	Purpose	Schedule	Staff and Participants
<ul style="list-style-type: none"> • Logo(s) • Facility 	<ul style="list-style-type: none"> • Rationale for the program • Proposed mission and vision • Goals and objectives 	<ul style="list-style-type: none"> • Operating schedule/ calendar detailing hours and activities offered 	<ul style="list-style-type: none"> • Staffing plan • Athletes' entrance criteria • Transportation

Sample Program Plan Cont'd...

Fees & Partners

- Daily/Monthly/Yearly Tuition
- Fee Scale
- Partnerships

Equipment and Supplies

- How the supplies will be provided, stored and maintained
- Resource assessment

Registration

- Dates for registration and start date
- Minimum or maximum capacity

Evaluation

- Method of evaluation and record keeping
- Plan for modifying program components if/when necessary
- Follow up procedures to ensure quality and compliance with SOPs



You've got the KEYS!

• Keep tuned to the trends!



- Be ready to address the programmatic needs of the community, be flexible and roll with it

• Emphasize on details to stay in your lane!

- Consumer needs
- Staff abilities
- Program components



• You Try!

- Sample Model

• Stay Positive

- Evaluate your processes, did it work? How can we improve? What didn't work? What can we do to make it work? Listen to your peeps!



You've got the KEYS, now drive!

Scenario: Parent comes to your department seeking programming for her son and his friends. Her son is 10 years old and has an intellectual disability as well as a visual impairment. She wants him to learn sports, specifically soccer. Department has determined that a program can be started. Your supervisor gives you the task of creating a program proposal.

Activity: Create a program proposal using the sample program plan model. Please feel free to make up necessary information to complete the task.





Program Evidence

Program Name	How long has it existed?	Partnership(s)	Outcomes
<i>P.S.M. Project SEARCH Miami</i>	10 Years	5 COM, MDCPS, BB, VR, DAGA	<ul style="list-style-type: none"> 90% of students complete school year 70% of students gain employment
<i>G.E.T. F.L.T.</i>	8 Years	3 COM, DAGA, SO	<ul style="list-style-type: none"> 33% of athletes lose weight 75% of athletes advance beyond area 80 competitions
<i>A.D.T. Adult Day Training</i>	44 Years	3 COM, DAGA, APD	<ul style="list-style-type: none"> 70% of participants achieved desired goals
<i>Hand Cycling</i>	11 Years	4 COM, MDPF, VA, JMHI	<ul style="list-style-type: none"> Over 150 participants each year
<i>Camp Shriver</i>	11 Years	2 COM, DAGA, SO	<ul style="list-style-type: none"> 82% of campers improve sports skills abilities
<i>BOOT CAMP</i>	2 years	3 COM, DAGA, SO	<ul style="list-style-type: none"> 40% lost 2-4 pounds
<i>Inclusion Services (S.N.A.P.)</i>	8 Years	4 COM, UMC, FIU, CCDH	<ul style="list-style-type: none"> 20 participants have been successfully included during the 16-17 school year and 2017 summer camp



Any questions for us???




Contact Information:

Katelin M. Corzo, CTRS, WSI

- 305-960-4965 or kcorno@miamigov.com

Nadia Arguelles-Goicoechea, Ed.S., C.P.R.P.

- 305-960-4962 or narguelles@miamigov.com



Our Softball Team is going for the GOLD next July at the Special Olympics 2018 USA Games!!!



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For more information about the Florida Recreation and Park Association visit www.frpa.org.

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