



UF/IFAS Extension Family Nutrition Program

grow • shop • cook • eat

Over 100,000 low-income Floridians
of all ages participate each year!

Educators teach individuals
and families to:

- Grow, prepare, and cook fresh vegetables and fruits.
- Grocery shop on a limited budget.
- Eat healthy and stay active.
- Make meals that look and taste great.

Programs are offered at no cost to
SNAP (Food Stamps)-eligible participants.

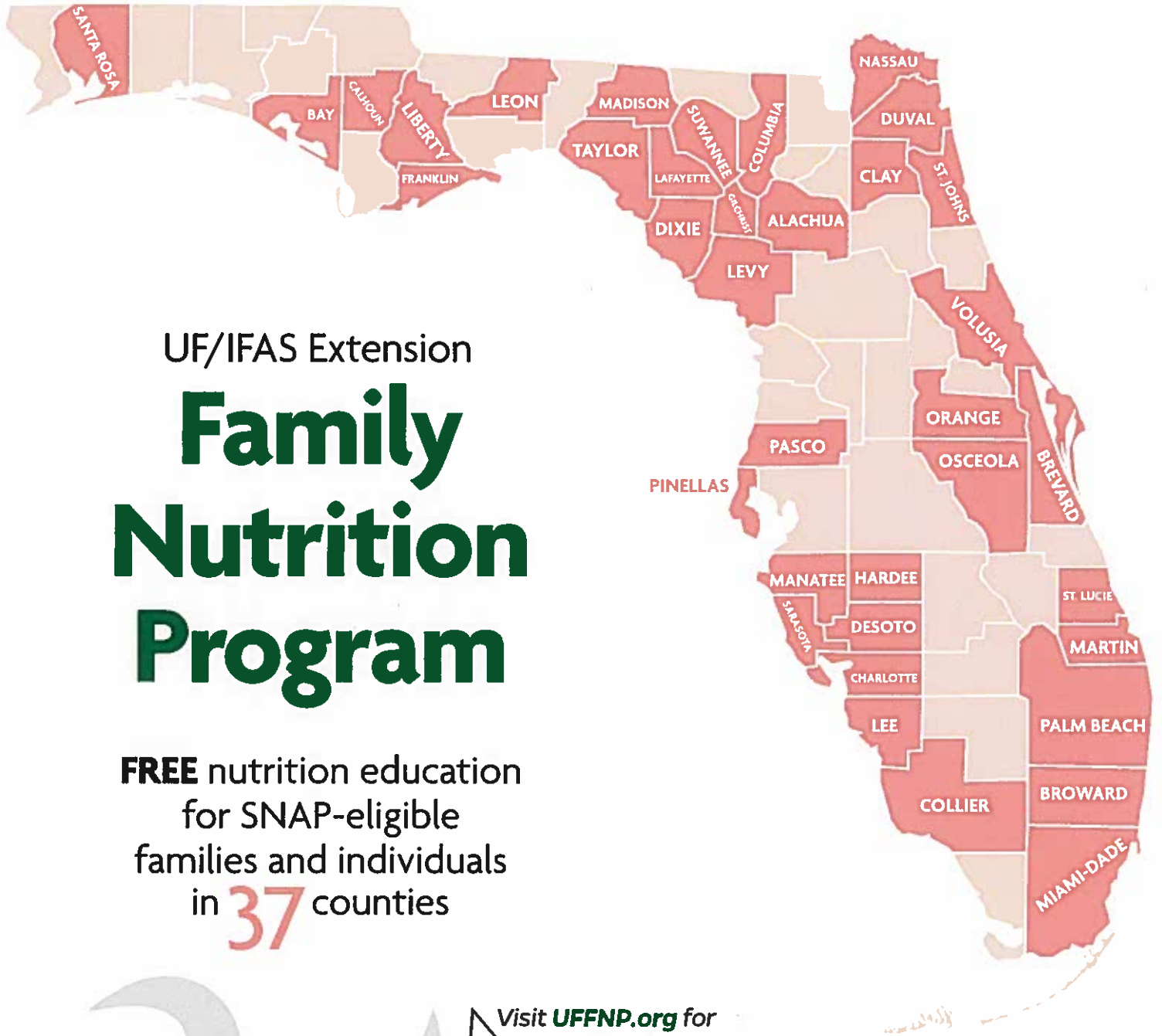
For more information: UFFNP.org,
[facebook.com/UF.FNP](https://www.facebook.com/UF.FNP)

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The Supplemental Nutrition Assistance Program (SNAP) provides assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact 1-866-762-2237. TTY/TTD/FRS dial 711. This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP. The USDA and the University of Florida IFAS extension are equal opportunity providers and employers.





UF/IFAS Extension

Family Nutrition Program

FREE nutrition education
for SNAP-eligible
families and individuals
in **37** counties

Visit UFFNP.org for
more information.

Evelyn Muñoz-Rodríguez, BS, DT
UF/IFAS Extension Program Manager, Miami-Dade County
14707 S. Dixie Highway, Suite 402
Palmetto Bay, FL 33176
305-234-2159 Fax 305-234-2157
evelynmuniz@ufl.edu

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Updated: April 1, 2017



UF/IFAS Extension Family Nutrition Program

2016 SNAP-ED IMPACT

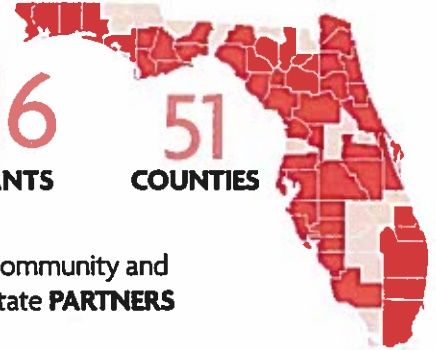
Family Nutrition Program (FNP) is the federal SNAP-Ed program in Florida, the educational component of the Supplemental Nutrition Assistance Program (SNAP).

Since 1996, FNP has provided **FREE classes in nutrition education and obesity prevention** to people who qualify for SNAP benefits. FNP also works with state and community partners to make positive changes in the **policies, systems, and environments** that affect community access to fresh, healthy foods and opportunities for physical activity.

202,816
Total SNAP-Ed **PARTICIPANTS**

51
COUNTIES

942 Community and State **PARTNERS**



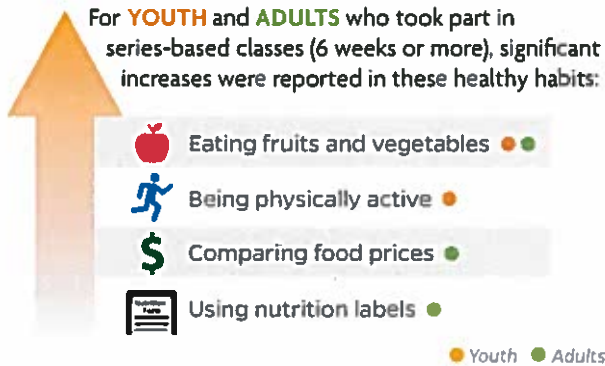
NUTRITION EDUCATION

Number of participants who received nutrition education:

30,801 ADULTS  **88,900** YOUTH

BEHAVIOR CHANGE INCREASES:

For **YOUTH** and **ADULTS** who took part in series-based classes (6 weeks or more), significant increases were reported in these healthy habits:



POLICY, SYSTEMS, AND ENVIRONMENTAL (PSE) APPROACHES

Number of participants reached through PSEs: **83,115**

FNP helped procure **235,156 lbs.** of Florida-grown produce for **407** schools



SCHOOL GARDENS

111

COMMUNITY GARDENS

42

Three hundred teachers and staff were trained on how to encourage healthier eating and physical activity habits at **88** child care centers

FUNDING AND RESOURCES



\$10 Million provided by the United States Department of Agriculture (USDA) through the Florida Department of Children and Families (DCF)

More than **25,000** community volunteer hours

6,939 of UF/IFAS Extension faculty and staff volunteer hours

\$430,000 in donated supplies and materials

uffnp.org

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To partner with FNP for a healthier Florida, contact:

Evelyn Muñiz-Rodríguez, BS, DT Extension Program Manager

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