**GARBAGE BALL**

**Supplies:**

* **Use whatever you have that can be thrown and not hurt anyone…**
	+ **Balls, wads of paper, sock balls, rubber chickens, koosh balls, etc.**

**Directions:**

1. **Have two equal teams with a center line.**
2. **Each team starts with the same amount of items.**
3. **At the signal each team throws whatever it can get their hands on—from their side of the line to the other side.**
4. **Players continue to throw until the signal to stop (or if music is used when you play—and the music stops)**
5. **The winning team is the side with the least amount of garbage on it’s side.**
6. **To play more rounds—divide the garbage evenly again and continue. Keep score of whoever has the most wins.**