Communication style self-assessment

DIRECTIONS: Working across each horizontal row of four words, place a 4, 3, 2 or 1 in the space in front of each word. Numbers range from **4** being **most like you** to **1** being **least like you**. For accurate analysis, it's important that you use each number only once in each horizontal row of words. Move quickly and write down your *first reaction*. When you have written a number in the space in front of each word, total the columns vertically and write the totals in the space at the bottom of each column.

You're focusing on which **role**?_____

_____	_____	_____	_____
____ Accurate	____ Direct	____ Friendly	____ Patient
____ Systematic	____ Adventuresome	____ Persuasive	____ Loyal
____ Judgmental	____ Stubborn	____ Impulsive	____ Passive
____ Competent	____ Self-reliant	____ Confident	____ Neighborly
____ Conventional	____ Forceful	____ Optimistic	____ Gentle
____ Restrained	____ Quick	____ Colorful	____ Even-tempered
____ Practical	____ Outspoken	____ Emotional	____ Predictable
____ Perfectionist	____ Impatient	____ Talkative	____ Easy mark
____ Law-abiding	____ Self-directed	____ High-spirited	____ Good listener
____ Cautious	____ Risk-taker	____ Playful	____ Content
_____	_____	_____	_____