


MIAMI-DADE COUNTY PARK & RECREATION DEPARTMENT

 OPERATIONS MANUAL	DATE ISSUED: 02/01/11	PAGE: 1 OF: 3	SECTION: 7.400
	SUBJECT: HEALTHY VENDING/CONCESSION POLICY		

POLICY STATEMENT:

Miami-Dade Park and Recreation is committed to providing an antidote to the alarming increase in childhood obesity which results in many adult diseases.

It is important to align our vending machine/concession offerings with the new focus on nutritional education and physical fitness taught in park programs. Vending machines controlled by Miami-Dade Park and Recreation will be required to comply with Healthy Vending Machine Policy. Food and beverages sold in vending machines under MDPR's jurisdiction must meet specified nutrition standards. Additionally, concessionaires operating on County Park properties will be offering healthy choices on their menus.

Healthy Vending Machines:

Findings of Fact and Purpose

Miami-Dade Park and Recreation finds that:

- 1) MDPR has a unique opportunity to create and sustain an environment that supports healthy behaviors through a healthy vending policy, contract enforcement, and adult-peer role modeling in MDPR-owned recreational facilities; and
- 2) Guaranteeing that vending policies communicate the same wellness policy message as programs taught in parks is important and vital to improving a community's health and wellness.

Nutrition Standards for Vending Machine Beverages and Snacks


Beverages in each vending machine shall be:

- Water, no limit on size
- Non fat or 1% low fat milk (8 oz and 150 calories maximum)
- 100% fruit/vegetable juice (8 oz and 120 calories maximum)
- All other non-caloric beverages, including diet sodas
- Sports drinks less than or equal to 100 calories

Snacks/foods shall meet all the following criteria per individual package:

- not more than 250 calories
- not more than 35% calories from fat with the exception of nuts and seeds; snack mixes and other foods of which nuts are a part must meet the 35% standard
- not more than 10% of calories from saturated fat
- does not contain trans fats added during processing (hydrogenated oils and partially hydrogenated oils)
- not more than 35% total weight from sugar and caloric sweeteners with the exception of fruits and vegetables that have not been processed with added sweeteners or fats

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- not more than 360 mg of sodium per serving
- Policy also recommends that at least one item meeting the snack criteria in each vending machine shall also meet the FDA definition of “low sodium” (less than 140 mg per serving) and that vending machine options contain items that include at least 2 grams of dietary fiber
- Items that meet nutrition standards shall not be priced higher than the items that do not meet the standards

Scope, Responsibility and Enforcement

1. This policy covers all vending machines designed to dispense food and/or beverages located within all County-owned parks.
2. The Department of Procurement Management (DPM) shall have primary responsibility of establishing vending contracts according to the County Code, and subject to this policy regarding products sold in vending machines. All new vending machine contracts and current contracts upon renewal will be required to comply with the new policy.
3. The Miami Dade County Park and Recreation Department will have the responsibility of monitoring the compliance of the vending machine contracts with this policy. Staff will make periodic observations of vending machines to monitor compliance.


Food and Beverage Operations

All food and beverage products must be delivered and placed in machines in their original wrappers or in a sanitized bulk dispenser that fits on the machine as a unit and meet the nutritional standards outlined in **Nutrition Standards for Vending Machine Beverages and Snacks** (above).

1. The areas surrounding all vending machines are to be kept clean and proper waste and/or recycling receptacles shall be provided in the immediate area of the machines.
2. Location of vending machines may be altered from time to time. Placement of vending machines initially will be in the following parks:

AD Barnes Park	Martin Luther King Park
African Heritage Park	McMillan Park
Arcola Lakes Park	Miller's Pond Park
Colonial Drive Park	Naranja Park
Continental Park	Oak Grove Park
Country Village Park	Reuben Dario Park
Goulds Park	Sgt Delancy Park
Gwen Cherry Park	South Dade Park
Hammocks Community Park	Southridge Park
Highland Oaks Park	Tamiami Park
Kendall Indian Hammocks Park	West Perrine Park
Kendall Soccer Park	Westwind Lakes Park
Leisure Lakes Park	

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3. For machines requiring an external water source, connections must be made from a potable water supply.
4. Plumbing when required shall include valves and backflow prevention devices that comply with State and local building codes.
5. All vending machines requiring electrical power must meet the current electrical standards as dictated by the Miami Dade County code.
6. Vending machines must be properly wired and grounded to prevent electrical shock and must comply with applicable federal, state and local codes and standards.
7. No vending machines shall in any way obstruct or otherwise interfere with emergency exits or access areas.
8. No modifications to a building, structure, electrical system, plumbing or any other part of the physical plant of any County building may be performed without the prior written approval form from the County Contracts/Purchasing Officer. Costs of modifications required by vending machine installation will be a matter of contract.

Healthy Options for Concessions:

Concession vendors will be required to expand their selections to include healthy choices and market such choices by displaying/presenting a healthy choice menu. All Concessionaires and Program Partners doing business with MDPR shall include healthy menu and vending alternatives to their customers that meet nutrition standards set forth in this policy, designating these healthy items with a heart symbol.

Effective Date

This policy is effective immediately upon the date of adoption.