

Atlantic Center for the Arts | Community Programs

ACA

Arts & Wellness ACADEMY

learn to connect the arts to community health

Atlantic Center for the Arts (ACA) is driven by a mission that focuses on multidisciplinary artistic collaboration and mentorship. Since 2015, ACA Arts & Wellness ambassadors have developed a shared culture and experiential method that connects the arts to community health. We invite teaching artists, community leaders, and healthcare professionals to learn these techniques and best practices in a unique academic forum held at the beautiful artist complex of ACA, featuring online and in person presentations. During the academy, participants will learn ACA's organizational culture of public engagement that connect the arts to community health. The academy is taught by ACA ambassadors, staff, and invited guest leaders in the field of arts and wellness. The vision of this program is to advocate for social engagement, experiential learning, and creative thinking using the arts to define a holistic path to improve physical, mental and behavioral conditions.

Participants will learn:

- The ACA Five Phases of an Arts & Wellness Experience (guiding method for facilitating creative group connection).
- How to design programs for diverse audiences and facilitate arts experiences in wellness.
- How facilitators can enhance listening skills to create a restorative setting.
- Ways to offer creative tools for resilience.
- Approaches to reframe challenges as opportunities.
- The cyclical process of integrating research and mentorship into programs for your community.



For more information:
www.atlanticcenterforthearts.org