**Musical Hula Hoops**

**Supplies:**

* **Radio**
* **Hula Hoops**

**Directions:**

1. **You need hula hoops and a stereo for music.**
2. **Make sure you have one or two less hula hoops then players.**
3. **Spread them apart so the kids have room to run.**
4. **When the music players they must run around them and NOT go or STOP in them.**
5. **When they music stops the players must run and get in a hoop.**
6. **Whoever is the ODD person is out of the game.**
7. **Take a hoop out and continue to play. Repeat the steps till one person wins.**
8. **You can also call out a color hoop for them to run to if you have multiple color hoops. Also while the music is playing run around and kick the hoops to spread them out more giving them less chance of stay by one hoop. Try to have them run on the outside of the hoops in a big circle around the Gym/room**