

HELPING YOU MAKE HEALTHY CHOICES

MIAMI-DADE COUNTY PARKS,
RECREATION AND OPEN SPACES,
IS COMMITTED TO POSITIVELY
IMPACTING THE HEALTH
OF OUR COMMUNITY.

THE GOAL OF OUR
"HEALTHY VENDING" EFFORT
IS TO:

OFFER HEALTHY ALTERNATIVES TO SOME OF YOUR FAVORITES!



PROVIDE YOU WITH BETTER SNACK AND DRINK CHOICES!



ENCOURAGE YOU TO TRY A FEW NEW HEALTHY OPTIONS!

YOUR SNACK CHOICE GUIDE



Green Apple - GO: Enjoy most often!

Green marked snacks are the healthiest options - zero to less sugar, right amount of fat and calories for the serving size.



Yellow Apple - **SLOW**: Enjoy a few times a week. Yellow marked snacks have added sugar and/or fat and are higher in calories.



Red Apple - WHOA: Enjoy every once in a while. Red marked snacks are the least healthiest option - most sugar, fat & calories.

