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| **CEU Evaluation****Virtual Education – Living in Extraordinary (Stressful) Times and Why Resiliency Matters** |
| **Name:** | **Date Viewed:** | **Agency:** |
| **Session Title:** *Living in Extraordinary (Stressful) Times and Why Resiliency Matters* |
| **Session Speakers:** *Lori A. Hoffner* | **Excellent** | **Needs Improvement** |
|  | 4 | 3 | 2 | 1 |
| **The Session:** | **Totally** | **Not At All** |
| How closely did this session meet the program description? | 4 | 3 | 2 | 1 |
| Did you find new ideas and useful concepts? | 4 | 3 | 2 | 1 |
| Did you learn anything you can take back and use? | 4 | 3 | 2 | 1 |
| Would you recommend this session be repeated? | 4 | 3 | 2 | 1 |
| **Learning Outcomes: to what extent did the speaker meet each learning outcome? Participants will:** |
| 1. Participants will explore the three different levels of trauma and how they affect individuals differently.
 | 4 | 3 | 2 | 1 |
| 1. Participants will outline a plan to create a help-seeking environment that supports staff at all levels.
 | 4 | 3 | 2 | 1 |
| 1. Participants will identify steps of recovery that include resiliency for the staff, the organization and the community served.
 | 4 | 3 | 2 | 1 |
| **Comments/Constructive Criticism:**  |
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| **What other session topics would you attend, if they were offered?** |
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**Please return form to (850) 942-0712 or email -** **office@frpa.org**