

Best Practices for Out of School Time: Operational Requirements

LEARNING OBJECTIVES

- Identify appropriate child/staff ratios for general program and field trips.
- Discuss transportation and needs for driver, vehicle and documentation.
- Discuss food handling best practices.



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Group Size Ratio

o 3 year olds: 1 staff: 15 children

4 year olds: 1 staff: 20 children

5 year olds or older: 1 staff: 25

children

 Mixed groups must follow the youngest age ratio



DAY TO DAY FORMS

- Rosters
 - All children must be marked in on the roster
- Injury Reports
- Must be completed on the day of the injury
- Discipline Reports
- Transition Logs
 - Attendance must be verified when moving from one area to another



POOL TRIPS

- Ratio
 - 3 year olds: 1 staff: 2 children
 - 4-6 year olds: 1 staff: 4 children
 - 7-10 year olds: 1 staff: 10 children
- Same organization lifeguards count in ratio
- Must have a ring buoy and rope, rescue tube or throwing line and a shepherds hook. All staff must be trained on the equipment.
- Pool must be enclosed by a fence



TRANSPORTATION-DRIVER REQUIREMENTS

- Drivers license and staff DOT physical must be in staff file
- Must have CPR/First Aid
- No children may ride in the front seat



TRANSPORTATION-VEHICLE REQUIREMENTS

- Annual Inspection of Vehicle
- Seat belt required for each child being transported
- A five point harness car seat is required for any child under 5
- Fire extinguisher must be in the vehicle
- First Aid Kit must be in the vehicle



TRANSPORTATION-VEHICLE REQUIREMENTS

- Staff/Child ratios must be followed
- Insurance required is \$5000 x number of seats or \$100,000 whichever is greater
- Comfortable temperature must be maintained



TRANSPORTATION-WALKING TRIP or DRIVER'S LOG

- Child's Name
- Date & Time of Departure
- Time of the arrival at the destination
- Signature of driver
- Signature of second staff member that has verified all children are off the vehicle
- Each child must be marked off the log as they depart the vehicle



CHILDCARE TRAINING-INITIAL



- Facility Rules & Regulations
- Health, Safety & Nutrition
- Child Abuse & Neglect
- Child Growth & Development
- Behavior Observation & Screening



CHILDCARE TRAINING-INITIAL

- Part 2
 - 10 Hour Course
 - Infant Appropriate Practices
 - Preschool Appropriate Practices
 - School Age Appropriate Practices



LESSON PLANS

- Each age group must have a written and followed plan of activities
- Alternative plans should be listed in the event of bad weather



FOOD HANDLING

- Must be nutritional
- Food Permission slip required listing allergies
- If children bring their own food, you are required to provide substitutions for anything that is not nutritional
- If you provide food the menu must be planned in advance and posted



QUESTIONS?







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